

July 2020 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One: 6/29-7/3 B- Breakfast L- Lunch S- Snack	B- Cheese Toast & Banana L- Beanie' Weenies, Roll, Green Beans, Oranges S- Veggie Straws & Tropical Fruit	B- Waffles & Mixed Fruit L- Been & Cheese Burritos, Corn, Apples S- Cheez-Its & Cauliflower w/Ranch	B- Oatmeal & Apples L- Chicken Sandwich, Tater Tots, Strawberries S- Fig Bars & Tropical Fruit	B- Rice Krispies & Peaches L- Sloppy Joes, Steamed Broccoli, Mandarin Oranges S- Vanilla Wafers & Mixed Fruit	B- Cinnamon Rolls & Banana L- Spaghetti, Garlic Bread, Salad, Corn S- Cheese Roll-Up & Blueberries
IDC Alternatives	N/A	S- Steamed Cauliflower	L- Banana	N/A	B- Biscuits L- Applesauce
Week Two: 7/6-7/10 B- Breakfast L- Lunch S- Snack	B- Oatmeal & Peaches L- Turkey Sandwich, Mixed Veggies, Apples S- Ritz Crackers & Broccoli w/Ranch	B- Chicken Biscuit & Banana L- Chicken Enchiladas, Corn, Tropical Fruit S- Graham Crackers & Apples	B- Breakfast Pizza & Mandarin Oranges L- Chicken Nuggets, Green Beans, Tropical Fruit S- Wow Butter Sandwich & Banana	B- Pancakes & Strawberries L- Pigs-in-a-Blanket, Steamed Carrots, Banana S- Cheez-Its & Pineapples	B- Scrambled Eggs, Sausage Link & Banana L- Baked Ziti, Garlic Bread, Salad, Mandarin Oranges S- Wheat Thins & Applesauce
IDC Alternatives	S- Steamed Broccoli	N/A	N/A	B- Mandarin Oranges	L- Green Beans
Week Three: 7/13-7/17 B- Breakfast L- Lunch S- Snack	B- Bagel w/Cream Cheese & Mandarin Oranges L- Chili Frito Pie, Corn, Grapes S- Sugar Cookie & Tropical Fruit	B- Sausage Biscuit & Pineapples L- Beef Tacos, Green Beans, Oranges S- Fritos w/Bean Dip & Apples	B- Cheerios & Banana L- Baked Chicken, Roll, Mashed Potatoes w/Gravy, Blueberries S- Saltines & Mandarin Oranges	B- French Toast Sticks & Apples L- Meatloaf, Roll, Corn, Tropical Fruit S- Veggie Straws & Banana	B- Oatmeal & Banana L- Pepperoni Pizza, Steamed Broccoli, Peaches S- Ritz Crackers & Celery & Wow Butter
IDC Alternatives	N/A	N/A	N/A	N/A	S- Mixed Fruit
Week Four: 7/20-7/24 B- Breakfast L- Lunch S- Snack	B- Waffles & Mandarin Oranges L- Cheeseburger, Tater Tots, Tropical Fruit S- Wow Butter Sandwich & Peaches	B- Cinnamon Rolls & Peaches L- Grilled Turkey & Cheese Sandwich, Corn, Apples S- Wheat Thins & Banana	B- Raisin Bran & Banana L- Chicken Strips, French Fries, Steamed Broccoli, Tropical Fruit S- Graham Crackers & Mandarin Oranges	B- English Muffin w/Jelly & Peaches L- Hot Dog, Steamed Carrots, Apples S- Ritz Crackers & Grapes	B- Sausage Biscuit & Apples L- Ravioli, Garlic Bread, Green Beans, Banana S- Saltines & Carrots w/Ranch
IDC Alternatives	N/A	B- Biscuits	N/A	N/A	N/A
Week Five: 7/27-7/31 B- Breakfast L- Lunch S- Snack	B- Yogurt w/Granola & Pineapples L- Fish Sticks, Mac & Cheese, Steamed Broccoli, Apples S- Veggie Straws & Tropical Fruit	B- Toast, Sausage Link & Mandarin Oranges L- Chicken Tacos, Corn, Apples S- Vanilla Wafers & Pineapples	B- Biscuit w/Jelly & Peaches L- Chicken Nuggets, Tater Tots, Grapes S- Goldfish & Banana	B- Cheerios & Banana L- Corn Dog Muffins, Mixed Veggies, Tropical Fruit S- Pretzel Sticks & String Cheese	B- Oatmeal & Apples L- Chili Frito Pie, Corn, Grapes S- Graham Crackers & Peaches
IDC Alternatives	N/A	N/A	N/A	N/A	N/A

Breakfast- Milk and Water Served

Lunch- Milk and Water Served

Snack- Water Served